

Nefesh presents

בי"ה

schmoozing

WITH

**PAULA
ABDUL**



In this talk show style interview,
Paula reveals all about her Jewish soul.

WEDNESDAY, 30 APRIL 2014

DOORS OPEN 6:30 PM for 7:00 PM START

NEFESH SHUL, 54 ROSCOE STREET, BONDI BEACH

\$30/head

NO APPEAL

BOOK ONLINE www.Nefesh.com.au

**THE SOUL
NEEDS A BODY**

Join us as we launch
our Building Campaign
to create an educational
and communal facility
serving the wide spectrum
of the Sydney community.




nefesh
shul with soul



THIS IS THE ONLY OPPORTUNITY TO HEAR PAULA ABDUL SHARE HER PERSONAL JOURNEY WITH THE SYDNEY COMMUNITY

WHO IS PAULA?

Never before has there been an artist who has been equally recognized, awarded and celebrated both in front of the camera and behind the scenes, as has Paula Abdul. As a ground-breaking choreographer, dancer, song writer, performer, designer, actor and business woman, this two-time Emmy Award winner and multi-platinum recording artist, selling over 60 million records worldwide, has continued to find new ways to entertain her loyal fans for over 20 years. And, until only this year, after being bumped to number three by Adele, Paula Abdul reigned as the second longest charting album on the Billboard Hot 100 chart; the longest charting album ever.

After saying goodbye to American Idol in 2010 and serving as executive producer and creative partner for the CBS reality-competition series "Live To Dance," Paula returned to network television in September 2011 with FOX's highly anticipated "X-Factor." Paula can also be seen as a re-occurring guest star on the Lifetime hit series "Drop Dead Diva." You can next see Paula as the lead judge on "**So You Think You Can Dance Australia**" currently showing on Channel Ten.

More recently Paula has become one of the top public speakers in the industry, touring the world to bring her own passion, drive and amazing experiences to touch the lives of thousands. Her story will surprise you.

Paula Abdul was born in San Fernando, California, to Jewish parents. Her father, Harry Abdul, was born into the Jewish community of Aleppo, Syria. Her mother, concert pianist Lorraine (née Rykiss), grew up in one of the two Jewish families of Minnedosa, Manitoba, Canada.

WHAT IS NEFESH?

There is spirituality that is lofty and floats way above your head. Then there is Nefesh.

Nefesh means 'soul' in Hebrew. But more specifically, Nefesh refers to the level of the soul that enlivens the body, the interface between spirit and matter. It is down to earth spirituality. Soul you can get your teeth into.

Nefesh is where the soul finds its grounding. Every service, event, class is an attempt to bring down spiritual truths in a way that can relate to you as you are, right here, right now.

Welcome to the Nefesh experience.

Nefesh is bursting out of its current premises and is moving rapidly ahead with plans for a major renovation. From our humble beginnings in Rabbi Moss's dining room 10 years ago, the shul has evolved to become an active and energetic community, and is now ready to take the next step in its growth, securing its future for generations to come.

We are extremely excited about this new venture and we look forward to sharing our journey with you.